BY LISA LASKEY
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Heather Weaver, principal at Friendship Elementary School, and Scott Brasher, a physical education teacher at the school, want students to get at least an hour of physical activity per day. The school has received a special award for encouraging students to participate in physical activity.

Friendship Elementary is one of five schools in Georgia to receive an award for being national leaders in wellness and health promotion. The school, along with others, will receive recognition for their efforts to implement physical education activities at the school and improve the health of students and teachers.

The award was given to schools that have implemented health and wellness programs that focus on improving the health and well-being of students and teachers. The award is part of a national initiative to promote healthy lifestyles and maintain a healthy school environment.

Friendship Elementary has implemented several programs and initiatives to promote physical activity and health among students and teachers. These include:

- Setting aside time for physical activity during the school day
- Providing opportunities for students and teachers to engage in physical activity
- Encouraging healthy eating habits
- Providing access to fitness and wellness resources

These efforts have helped to improve the overall health and well-being of students and teachers at Friendship Elementary School.

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SOPUT SPRINGS SCHOOL OF ENRICHMENT

Students learn about career choice

BY LISA LASKEY
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During the school year, Friendship Elementary School provides students with opportunities to explore different careers and industries. The school has implemented a career-pathway program, which has allowed students to learn more about various fields and careers.

The program has helped students to determine their career interests and goals. Students have had the opportunity to talk with professionals in different fields, such as science, technology, engineering, and mathematics (STEM), and learn about the skills and training required for those careers.

The program has also provided students with hands-on experiences, such as visiting businesses and interacting with professionals. This has helped students to gain a better understanding of the career options available to them.

The program has helped students to become more aware of the importance of careers, and has encouraged them to pursue their interests and passions.

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In addition, the school has provided opportunities for students to explore different fields and industries. Students have had the opportunity to visit businesses and speak with professionals in various fields, such as science, technology, engineering, and mathematics (STEM), and learn about the skills and training required for those careers.

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